

#### OUR IDEA, YOUR REBITH

# PRICE LIST

#### DISCOVER THE POWER OF AUTHENTIC WELL BEING

#### Relaxing Anti-Stress Massage.

50min. €90

A pure relaxation experience to melt away tension and accumulated stress, leaving body and mind in a state of profound serenity. Ideal for those seeking a moment of escape from daily life.

#### Swedish Massage

50min. €90

A classic massage technique utilizing a variety of maneuvers (effleurage, petrissage, friction) to stimulate blood circulation, relieve muscle tension, and promote overall relaxation.

#### Vodder Lymphatic

Drainage 65min. €120

A therapeutic manual lymphatic drainage method, developed by Dr. Vodder, effective in reducing swelling, improving lymphatic circulation, and supporting the immune system. Ideal for combating water retention and cellulite.

## Lymphatic Drainage Massage

50min. €95

A treatment to promote fluid drainage and improve lymphatic circulation, helping to alleviate swelling and heaviness.

0564 010378

#### Postural Massage

55min. €100

A targeted treatment to improve posture, alleviate muscle pain, and tensions that can cause postural imbalances. Helps restore balance and proper spinal alignment.

#### Deconstructing Massage

50min. €95

Ideal for releasing deep muscle contractures, relieving pain, and improving joint mobility. A more vigorous technique for targeted relief.

#### Customized Massage

50min. €95

A personalized treatment based on your needs and preferences, combining various massage techniques for a bespoke experience.

#### Trigger Point Massage

50min.€95

A technique focused on identifying and treating trigger points (muscle tension knots), relieving pain and improving joint mobility.

## Californian Massage

50min. €90

A fluid and enveloping technique, characterized by slow, harmonious movements that embrace the body, promoting deep relaxation and a sense of inner peace.

#### PARTIAL MASSAGES

#### Partial Sports Massage

25min. €65

Decontracting and de-tiring, ideal after sports activity. Fast movements to stimulate circulation and promote muscle recovery.

#### Visceral Abdominal Massage

25min. €65

Gentle but effective massage to improve the mobility of the abdominal organs, reduce swelling and visceral problems.

#### Leg Massage

25 min €65

Specific treatment to improve venous return and relieve the feeling of heaviness and swelling in the legs.

#### Foot Massage

25 min €60

Targeted massage on the soles of the feet, to improve circulation, relieve tension and pain

#### Sacral Skull Massage

*25min* €90

Gentle and non-invasive technique that acts on the craniosacral system, promoting the relaxation of the nervous system, improving the quality of sleep and reducing stress.

# MASSOTHERAPY

## Wellbeing at the source

Discover the restorative power of massotherapy, a therapeutic practice aimed at physical well-being and improving health and biological activity. This treatment focuses on relieving muscle tension and body aches. Ideal for those suffering from chronic pain or accumulated tension, massage therapy offers benefits that go beyond simple relaxation, contributing to your overall well-being and recovery of physical vitality. Turn to this integrated wellness solution to experience a healthier approach to body care.

# OSTEOPATHY

Find your balance again

Osteopathy is a therapeutic discipline that relies on the manual manipulation of the musculoskeletal system to improve the overall health of the body. Osteopaths use manual techniques to relieve pain, improve mobility and promote well-being, considering the body as a whole and recognizing the interconnectedness of structure and function.

# COUPLE RITUAL

to share with those you love

A sweet moment to share, immerse yourself in aromatherapy and an atmosphere created for you and your loved ones. A relaxing and soothing massage lasting 50 minutes of pure relaxation. In the remaining minutes, share a warm, regenerating herbal tea. A moment for you, for your body and your mind. The right break to take together.

tot. 50 min €180 + 10 min relax con tisana

## BACCHUS' DREAM

Vinotherapy Course for Two

Discover the luxurious benefits of wine therapy: immerse yourself in a bath of thermal water and wine enriched with polyphenols and natural antioxidants that revitalize and regenerate your skin while a delicate massage helps the absorption of these powerful properties. Wine polyphenols help fight skin aging, improve blood circulation and leave the skin bright and toned. Complete the experience with a glass of fine Tuscan wine, for a sensory journey that nourishes body and mind. Treat yourself to a unique treatment that combines tradition and well-being in an unparalleled beauty ritual.

50 minutes €205

## SCRUB

#### **Ancient Etruscan Thermal Massage 60min. 120€**

A deep exfoliation with a blend of chili pepper essential oil, sea salt and nourishing oils, to purify the skin and give new vitality.

#### Scrub Marino 50 min. 90€

Sea salt exfoliation for smooth, purified and regenerated skin.

## THERMAL MUD THERAPY

Coming Soon...contact us to find out about upcoming news and ask for information on treatments.

#### BEAUTY TREATMENTS

We want to bring a scientific approach to health and beauty. Straight the point, with effective treatments and visible and measurable results. With the collaboration of Dr. lambert Youdel expert cosmetic surgeon specialized in body reshaping and facial rejuvenation with natural results.

Filler treatment, hyaluronic acid 250/300€

Trattamento botox, microbotox, mesobotox 250/300€

Combined treatment for global rejuvenation of the face, neck, décolleté using laser, botox and fillers

Thread traction/facelift via thread placement €600

Laser therapy/face, neck and décolleté lifting using laser €200

#### Rinofiller 250€

Lip filler and treatment of perioral wrinkles and marionette lines €300

Facial contouring using fillers €300

Medical chemical peeling €80

Alopecia treatment 80/100€ combined protocol

Stretch mark treatments with laser therapy €100

Treatment of localized adiposity, double chin, arms, abdomen, chavale culottes, inner thighs.

and much more...

# SPA ETIQUETTE

Opening hours: every day from 9:30 to 19:30

Access to the SPA: permitted to those over 12 years of age accompanied by an adult and to pregnant women with a medical certificate.

Etiquette: we remind our kind guests that the SPA is a place of well-being, therefore a low tone of voice and the use of mobile phones in silent mode are requested. It is not possible to bring food or alcohol into the SPA and smoking is prohibited in all surrounding areas.

Appointments: For reservations you can call 0564 010378 where our specialized staff will be able to recommend the treatment best suited to your individual needs. We recommend arriving at the SPA reception 10 minutes before the start of the treatment to be able to change comfortably in our cabins and evaluate any requests together.

Cancellation Policy: Each treatment must be cancelled 24 hours in advance. Failure to cancel within the timeframe will result in the full amount being charged.

Homecare: face and body cosmetic products can be purchased at the SPA reception